



The Methodology for Discipline

I. Introduction

- A. The SWAG out school program uses the Encounter, Repair, and Transform method to address student behavior problems
- B. A discipline methodology can help to identify problematic behavior patterns and enhance academic and personal success.

II. Encounter Phase Methodology

- A. **Establish trust and rapport:** the Encounter phase begins with establishing trust and rapport with students, creating an environment of openness, and making students feel comfortable enough to share their concerns.
- B. **Gathering information:** Using observation to gather information, interviews and self-assessments, to have a better understanding of students' behavior patterns and motivation.
- C. **Identifying the root cause of problematic behaviors:** With the gathered information, identify the root cause of problematic behavior patterns, rather than just addressing the symptoms.
- D. **Understanding goals and motivations:** Knowing students' personal goals, the SWAG program mentors can tailor corrective actions unique to each student.

III. Repair Phase Methodology

- A. **Address problematic behaviors:** In the Repair Phase, mentors address problematic behavior patterns, making students recognize the impact of their actions on others and take responsibility for them.
- B. **Encourage ownership of behaviors:** mentors encourage Students to take ownership of their behaviors rather than making them feel punished for their actions.



- C. **Encourage positive decision-making:** The program promotes critical thinking and problem-solving skills that positively affect their decision-making process.
- D. **Implement corrective actions:** Corrective action plans are developed to address problematic behaviors and prevent them from reoccurring.

IV. Transform Phase Methodology

- A. **Positive self-concept:** In the Transform Phase, the aim is to create a positive self-concept in students by building healthy self-esteem, self-worth and self-efficacy, which has a ripple effect on other areas of their lives.
- B. **Resilience and Perseverance:** The program encourages resilience and perseverance, teaching students how to overcome obstacles and disappointments in life.
- C. **Fostering Positive Relationships:** Students are encouraged to foster positive relationships with their peers and adults, improving social-emotional learning, and acquiring positive behavior traits.
- D. **Encourage Setting Goals:** The SWAG program motivates students to set, pursue, and achieve their goals, and helps in building positive behaviors towards achieving these goals.

V. Conclusion

- A. The discipline methodology using Encounter, Repair, and Transform method has several benefits for students, and mentors in understanding and addressing problematic behavior patterns.
- B. The SWAG Out school program enhances academic and personal success by investing in positive behaviors that foster growth and development in students.
- C. A call to action to implement the discipline methodology in schools and communities for academic and personal success.